

FOLLOW YOUR HEART...

to Italy

UMBRIA & TUSCANY TOUR

APRIL 21-28, 2012

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ABOUT THIS TOUR

Follow Your Heart Tours

FYH TOURS was originally designed with the photographer in mind; opportunities to take in as much visually as humanly possible!

This tour is that and MORE – not only will you be able to take as many photos as your little heart desires, you will also be experiencing the Italian way of life through cuisine, wine, art and museums, shopping where the locals shop and more!

We start in Rome. It's an 8 day/7 night tour. The tour will start and finish in Rome. During this 7 night / 8 day trip, we will be staying in a gorgeous villa in Tuscany, where we will be visiting towns and villages throughout Umbria & Tuscany.

A few of the highlights of the tour will include:

- * 8 days & 7 nights in a picturesque villa tucked away in the rolling hills of Tuscany.
- * Exploring medieval towns in Umbria and quaint village in Tuscany.
- * Wine tasting in some of Italy's oldest wineries.
- * World-class shopping, private cooking classes, olive oil tasting.
- * Regional cuisine, local recipes, degustational meals, gelato until the cows come home... ☺

To keep the tour intimate, we are limiting this trip to a **maximum 15 participants**.

TRAVEL INFORMATION & FREQUENTLY ASKED QUESTIONS

Traveling to Italy, especially for the first time, will leave you with a bunch of questions

Deadline - The last date to sign up is March 1, 2012 as we have to give final head count to the hotels and make travel arrangements.

Arrival Flight information – You want to fly into Rome Airport called Fiumicino - Leonardo da Vinci international Airport (FCO). The workshop tour begins on April 21st, so keep this in mind that we will be picking everyone up that morning from Rome. Direct flights are recommended but when there is a connecting flight, you want to give at least 1.5 to 2 hrs to go from one plane to the next as many of the international airports will take time going through their customs and often require you to transfer to a different terminal, etc.

Departure Flight Information - We will officially end our tour on April 28th and drop everyone off at the airport that late afternoon. Please make sure to book your returning flight no earlier than 6pm. Again you are more than welcome to stay longer but at that time, lodging is on your own. Rome is a beautiful city, which is worth spending an extra day or so to explore after the workshop.

Current Flight Deals – Average ticket prices from North America begin at about \$1100. From Asia it's about the same price. Keep your eyes open for deals!

What to Bring: Clothes - Keep in mind that we are traveling for a week going from city to city on a daily basis. You can still be fashionable and yet pack light; it's recommended to pack only what you need and leave a little room for gifts & souvenirs. Definitely bring comfortable shoes as we will be walking a lot!

What to Bring: Camera Gear- A good camera to photograph your experiences and all the sights of Italy. If you are a hobbyist or professional photographer, Do not bring your entire collection of equipment. One body, few lenses(wide, zoom and high aperture lens), maybe a flash and/or monopod (make sure it's light and compactable – you are carrying it!). You can obviously bring more (backup camera, extra batteries, memory cards etc.) but remember that you'll have to carry them around with you as we walk! A good rule of thumb is whatever you can fit inside your shoulder/backpack camera bag is all you'll need.

Also be sure to bring a journal or notebook to record your everyday experience!

What to Bring: An adventurous fun outlook and an up-for-anything outlook- We are doing our best to provide you with an unforgettable tour, one you will remember and never forget! Having a fun, open, good and adventurous attitude and flexibility for changes will go far in helping everyone experiencing the same! ☺

REGISTRATION

Ok, so what will the trip cost me? Here is the breakdown:

\$2050 per person. Single participants will be paired in gender specific rooms.

(You can request your own room for **additional \$300**).

What does the registration include?

The investment includes lodging for the week at our Tuscan villa, all ground and/or water transportation, breakfast & dinner, extra-curricular activities, guided tours, adventure of a lifetime, plus more!

What other costs do I need to factor in?

Attendees are responsible for airfare to and from Rome's Flumicino Leonardo da Vinci international airport (FCO).

We have designed the tour so that lunches will not be provided. We did this so that you can immediately immerse yourself in their culture and try some of local favorite foods on your own.

Travel insurance...don't forget to make sure your travel insurance is up to date!

Payment Schedule

Please double check your schedule for any conflicts with this event before moving forward with this transaction. A **50%** deposit is due to reserve your spot. This can be refunded up to 21 days after your registration (\$100 cancellation fee is deducted). After 21 days it is non-refundable. The remaining **50%** is due 30 days before the start of the event. Payments can be made via PayPal, money order or cash. Save **\$50** by paying the full amount upon registration.

Please include the following information to register for the tour:

Name/email address/ mailing address/phone website/blog/twitter/facebook,
T-shirt size (indicate men/ladies as well) room preference, meal preference (vegetarian/food allergies), other (things you wish to get from this workshop, health concerns, etc).

If you have anymore questions, please contact me!

See you in Italy!

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